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KESTREL HEIGHTS

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Chicken Fillet Sandwich Garlic Green Beans, Spiced Apples OR Veggie Chicken Fillet Sandwich Garlic Green Beans, Spiced Apples</p>	<p>2</p> <p>Beef Tacos Yellow Corn Seasonal Fruit OR Black Bean Tacos Yellow Corn Seasonal Fruit</p>	<p>3</p> <p>Spaghetti & Meatballs Broccoli Pineapple OR Cheesy Baked Spaghetti Broccoli, Pineapple</p>	<p>4</p> <p>Chicken n Waffles Mac n Cheese Seasonal Fresh Fruit OR Mac n Cheese Green Beans Seasonal Fresh Fruit</p>	<p>5</p> <p>I HEART PIZZA (2) Cheese Pizza Fruit Cup</p>
<p>8</p> <p>Sloppy Joe on Burger Bun Potato Wedges Green beans OR Veggie Sloppy Joe on Burger Bun Potato Wedges Green beans</p>	<p>9</p> <p>(2) Chicken Tacos Yellow Corn Seasonal Fruit OR (2) Black Bean Tacos Yellow Corn Seasonal Fruit</p>	<p>10</p> <p>Chicken Tenders Green Beans Mandarin Oranges OR Veggie Chicken Tenders Green Beans Mandarin Oranges</p>	<p>11</p> <p>Chicken Alfredo Carrots & Ranch Seasonal Fruit OR Veggie Alfredo Carrots & Ranch Seasonal Fruit</p>	<p>12</p> <p>I HEART PIZZA (2) Cheese Pizza Fruit Cup</p>
<p>15</p> <p>Cajun Chicken Fillet Sandwich Garlic Green Beans Spiced Apples OR Cajun Veggie Chicken Sandwich Garlic Green Beans, Spiced Apples</p>	<p>16</p> <p>Beef Tacos Yellow Corn Seasonal Fruit OR Black Bean Tacos Yellow Corn Seasonal Fruit</p>	<p>17</p> <p>Lemon Rosemary Chicken Steam Rice Broccoli OR Veggie-Rice Stir Fry Bowl Broccoli & Fruit (GF)</p>	<p>18</p> <p>3 Cheese Macaroni Carrots Seasonal Fresh Cut fruit</p>	<p>19</p> <p>I HEART PIZZA (2) Cheese Pizza Fruit Cup</p>
<p>22</p> <p>Classic Beef Burger Potato Wedges Peaches OR Black Bean Veggie Burger Potato Wedges Peaches</p>	<p>23</p> <p>(2) Chicken Tacos Yellow Corn Seasonal Fruit OR (2) Black Bean Tacos Yellow Corn Seasonal Fruit</p>	<p>24</p> <p>Chicken Tenders Green Beans Mandarin Oranges OR Veggie Chicken Tenders Green Beans Mandarin Oranges</p>	<p>25</p> <p>Baked Beef Spaghetti Green Beans, Seasonal fruit Or Baked Cheese Spaghetti Green Beans, Seasonal Fruit</p>	<p>26</p> <p>I HEART PIZZA (2) Cheese Pizza Fruit Cup</p>
<p>29</p> <p>FALL BREAK</p>	<p>30</p> <p>FALL BREAK</p>	<p>31</p> <p>FALL BREAK</p>		