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KESTREL HEIGHTS

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DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Baked Beef Spaghetti 5 Way Veg, Seasonal fruit</p> <p>Or</p> <p>Baked Cheese Spaghetti Green Beans, Seasonal Fruit</p>	<p>4</p> <p>(2) Chicken Tacos Yellow Corn Seasonal Fruit</p> <p>OR</p> <p>(2) Black Bean Tacos Yellow Corn Seasonal Fruit</p>	<p>5</p> <p>Chicken Quesadillas Black Beans, Pineapple</p> <p>OR</p> <p>Cheese Quesadilla Black Beans, Pineapple</p>	<p>6</p> <p>Spaghetti & Meatballs Broccoli Pineapple</p> <p>OR</p> <p>Cheesy Baked Spaghetti Broccoli, Pineapple</p>	<p>7</p> <p>I HEART PIZZA (2) Cheese Pizza Fruit Cup</p>
<p>10</p> <p>Chicken n Waffles Mac n Cheese Seasonal Fresh Fruit</p> <p>OR</p> <p>Mac n Cheese Broccoli</p>	<p>11</p> <p>Beef Tacos Yellow Corn Seasonal Fruit</p> <p>OR</p> <p>Black Bean Tacos Yellow Corn Seasonal Fruit</p>	<p>12</p> <p>Cajun Chicken Fillet Sandwich Garlic Green Beans Spiced Apples</p> <p>OR</p> <p>Cajun Veggie Chicken Sandwich Garlic Green Beans, Spiced Apples</p>	<p>13</p> <p>Chicken Alfredo Carrots Seasonal Fruit</p> <p>OR</p> <p>Veggie Alfredo Carrots Seasonal Fruit</p>	<p>14</p> <p>I HEART PIZZA (2) Cheese Pizza Fruit Cup</p>
<p>17</p> <p>3 Cheese Macaroni Green Beans Seasonal Fresh Cut fruit</p>	<p>18</p> <p>(2) Chicken Tacos Yellow Corn Seasonal Fruit</p> <p>OR</p> <p>(2) Black Bean Tacos Yellow Corn Seasonal Fruit</p>	<p>19</p> <p>Lemon Rosemary Chicken Steam Rice 5 Way Veg</p> <p>OR</p> <p>Veggie-Rice Stir Fry Bowl Broccoli & Fruit (GF)</p>	<p>20</p> <p>Chicken Quesadillas Black Beans, Pineapple</p> <p>OR</p> <p>Cheese Quesadilla Black Beans, Pineapple</p>	<p>21</p> <p>I HEART PIZZA (2) Cheese Pizza Fruit Cup</p>
<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>	<p>26</p> <p>NO SCHOOL</p>	<p>27</p> <p>NO SCHOOL</p>	<p>28</p> <p>NO SCHOOL</p>
<p>31</p> <p>NO SCHOOL</p>				