



## KESTREL HEIGHTS MARCH 2019

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 I HEART PIZZA (2) Cheese Pizza Fruit Cup
4 <b>Breakfast for Lunch!</b> Scrambled Eggs, Turkey Bacon Hashbrown Potatoes Pancakes <b>OR</b> <b>Breakfast for Lunch!</b> Scrambled Eggs, Turkey Bacon Hashbrown Potatoes Pancakes	5 <b>Beef Tacos</b> Yellow Corn Seasonal Fruit <b>OR</b> <b>Black Bean Tacos</b> Yellow Corn Seasonal Fruit	6 <b>Beef Hamburger</b> Potato Wedges Green Beans <b>OR</b> <b>Black Beans Veggie Burger</b> Potato Wedges Green Beans	7 <b>Baked Beef Spaghetti</b> 5 Way Veg, Seasonal fruit <b>Or</b> <b>Baked Cheese Spaghetti</b> Green Beans, Seasonal Fruit	8 I HEART PIZZA (2) Cheese Pizza Fruit Cup
11 <b>Jerk Chicken</b> Rice n Peas Broccoli <b>Or</b> <b>Veggie Jerk Chicken</b> Rice n Peas Broccoli	12 <b>(2) Chicken Tacos</b> Yellow Corn Seasonal Fruit <b>OR</b> <b>(2) Black Bean Tacos</b> Yellow Corn Seasonal Fruit	13 <b>Roasted Rosemary Chicken</b> Mashed Potatoes Carrots <b>OR</b> <b>Veggie Chicken</b> Mashed Potatoes Carrots	14 <b>Turkey Hot Dog</b> Mac n Cheese Fruit Explosion <b>OR</b> <b>Veggie Hot Dog</b> Mac n Cheese Fruit explosion	15 I HEART PIZZA (2) Cheese Pizza Fruit Cup
18 <b>BBQ Chicken</b> Potato Wedges 5 Way Veg <b>Or</b> <b>Veggie BBQ Chicken</b> Potato Wedges 5 Way Veg	19 <b>(2) Beef Tacos</b> Yellow Corn Seasonal Fruit <b>OR</b> <b>(2) Black Bean Tacos</b> Yellow Corn Seasonal Fruit	20 <b>Cajun Chicken Fillet Sandwich</b> Garlic Green Beans Spiced Apples <b>OR</b> <b>Cajun Veggie Chicken Sandwich</b> Garlic Green Beans, Spiced Apples	21 <b>Spaghetti &amp; Meatballs</b> Broccoli Pineapple <b>OR</b> <b>Cheesy Baked Spaghetti</b> Broccoli, Pineapple	22 I HEART PIZZA (2) Cheese Pizza Fruit Cup
25 <b>NO SCHOOL</b>	26 <b>NO SCHOOL</b>	27 <b>NO SCHOOL</b>	28 <b>NO SCHOOL</b>	29 <b>NO SCHOOL</b>