



KESTREL HEIGHTS

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AUGUST 2019

AMERICAN MONDAY	TUESDAY	WACKY WEDNESDAY	INTERNATIONAL THURSDAY	PIZZA FRIDAY
		<p>21 Chicken & Waffles Garlic Green Beans, Spiced Apples</p> <p>OR</p> <p>Veggie Chicken & Waffles Green Beans, Spiced Apples</p>	<p>22 Hibachi Chicken Fried Rice, Stir Fry Veg</p> <p>OR</p> <p>Veggie Hibachi Chicken Fried Rice, Stir Fry Veg</p>	<p>23 I HEART PIZZA (2) Cheese Pizza w/ Fruit Cup</p> <p>(2) Pepperoni Pizza w/ Fruit Cup</p>
<p>26 Turkey Hot Dog Potato Fries, Peaches</p> <p>Veggie Hot Dog Potato Fries, Peaches</p>	<p>27 Cheese Quesadilla SW Rice & Spiced Pineapple, Salsa</p> <p>Chicken Quesadilla SW Rice, Spiced Pineapple, Salsa</p>	<p>28 <u>Deli Day</u> Turkey-Provolone Sub Sun Chips, Fresh Fruit</p> <p>Veggie Wrap Sun Chips, Fresh Fruit</p>	<p>29 Chicken Alfredo Broccoli, Spiced Apples</p> <p>OR</p> <p>Veggie Alfredo Broccoli, Spiced Apples</p>	<p>30 I HEART PIZZA (2) Cheese Pizza w/ Fruit Cup</p> <p>(2) Pepperoni Pizza w/ Fruit Cup</p>