

## KESTREL June 2023 MENU

<b>MONDAY</b>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>29</b>  <b>Happy Memorial Day</b>	<b>30</b> Crispy Chicken Strips or Crispy Tofu Super Sauteed Spinach Potato Wedges Whole Grain Roll Fresh Fruit Ketchup Honey Mustard Milk	<b>31</b> Cheese Ravioli w/ Meat Sauce or Cheese Ravioli w/ Marinara Zany Zucchini Glazed Carrots WG Roll Fresh Fruit Milk	<b>1</b> Herb Roasted Chicken Thighs Aromatic Brown Rice California Blend Veggies Diced Peaches Milk	<b>2</b> Classic Cheeseburger Whole Grain Bun Baked Beans Roasted Red Skin Potatoes Mandarin Oranges Ketchup Mayonnaise Milk
<b>5</b> Goopy Cheese Quesadilla Spicy Black Beans Yummy Yellow Corn Sassy Salsa Fresh Fruit Milk	<b>6</b> Chicken Filet on Whole Grain Bun Hash Brown Potatoes Baked Beans Diced Peaches Ketchup Mayonnaise Milk	<b>7</b> I HEART Pizza! Classic Cheese Yummy Yellow Corn Bright Green Broccoli Mandarin Oranges Milk	<b>8</b> Turkey Sub (with cheese & lettuce) Baby Carrots Ranch Dressing Applesauce Cup Sun Chips Mayonnaise Milk	<b>9</b> Chicken Parmesan WG Noodles Glazed Carrots Mandarins Milk