

## Kestrel Heights Menu- June 2025

Monday (06/02)	Tuesday (06/03)	Wednesday (06/04)	Thursday (06/05)	Friday (06/06)
<b>Breakfast</b>				
<b>WG Granola and Yogurt</b> Mixed Fruit Cup 100% Fruit Juice Milk	<b>Cinnamon Roll</b> Fresh Fruit 100% Fruit Juice Milk	<b>Blueberry Muffin</b> Banana 100% Fruit Juice Milk	<b>French Toast Sticks</b> Spiced Apples 100% Fruit Juice Milk	<b>WG Nutri-Grain Bar</b> <b>Cheese Stick</b> Mixed Fruit Cup 100% Fruit Juice Milk
<b>Lunch</b>				
<b>Gooley Cheese Quesadilla</b> Spicy Black Beans Baby Carrots w/Dressing Salsa Fruit Choice Milk	<b>Chicken Filet on Bun or Chickpea Salad on Bun</b> Hashbrown Potatoes Baked Beans Fruit Choice Milk	<b>Turkey Sub or Mozzarella Spinach &amp; Tomato Sub</b> Sun Chips Baby Carrots w/ Dressing Fresh Fruit Roll Milk	<b>Mongolian Beef Meatballs or Hunan-Style Spicy Tofu</b> Fried Rice Fresh Stir-Fry Vegetables Applesauce Cup Milk	<b>Cheese Pizza</b> Corn Tossed Salad w/ ranch dressing Diced Peaches Milk
Monday (06/09)	Tuesday (06/10)	Wednesday (06/11)	Thursday (06/12)	Friday (06/13)
<b>Breakfast</b>				
<b>Banana Muffin</b> Fresh Fruit 100% Fruit Juice Milk	<b>Pop Tarts</b> Fruit Choice 100% Fruit Juice Milk	<b>Pancakes</b> Fresh Fruit 100% Fruit Juice Milk	<b>Breakfast Burrito</b> Mixed Fruit Cup 100% Fruit Juice Milk	<b>WG Bagel w/ Cream Cheese</b> Fruit Choice 100% Fruit Juice Milk
<b>Lunch</b>				
<b>Super Beef Spaghetti or Cheesy Spaghetti w/Cheese Stick</b> Sauteed Spinach Roasted Carrots Fruit Choice Roll Milk	<b>Crispy Chicken Strips or Crispy Tofu</b> Baked Beans Potato Wedges Fresh Fruit Roll Milk	<b>Cheese Ravioli w/ Meat Sauce or Cheese Ravioli w/ Marinara</b> Sauteed Bell Peppers (Orange, Red, Green) Glazed Carrots Applesauce Cup Milk	<b>BBQ Chicken or BBQ Tofu</b> Mashed Potatoes Cool NC Collards Fresh Fruit Golden Cornbread Milk	<b>Cheese Pizza</b> Corn Tossed Salad w/ ranch dressing Diced Peaches Milk